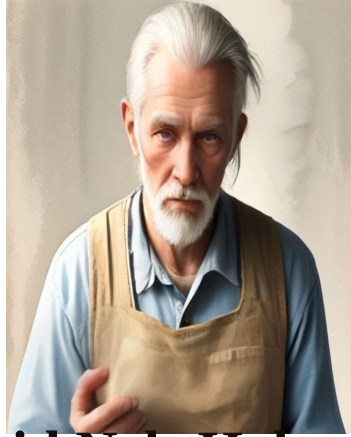




Arvid Nels Holmgren

April 6, 1949 - August 23, 2026

Cedar Rapids, Iowa

Arvid Nels Holmgren died in Cedar Rapids on August 23, 2026. He was seventy-seven. Born there on April 6, 1949, he grew up knowing the cereal mill as a clock that did not sleep, and he learned a proof box before he learned a highway. A loaf, he said, is a kind of promise: it has to arrive warm or the whole story is late. He worked grain, not bread, but he kept the sentence anyway.

He spent twenty-four years as a millwright on a night shift that fed grocery cases before daylight, first as a helper, later as the man who could hear a tired roller before the logbook admitted it. He did not advertise. Managers called him because he would scrap a run even when the truck was already promised. He kept extra rolls for the clerk whose morning had already been too long. He charged a fair hour on the side when a church supper needed more mercy than a price list.

He married Ingrid Holmgren in 1973. They raised a son and a daughter in a bungalow that needed a new roof more often than the budget admitted. Ingrid taught school. Arvid packed lunches that could survive humidity. After a bad afternoon he sat in the car with the radio off until his hands were quiet.

Friends remember a man who brought extra bread to a night shift without staying for thanks, who knew which intern needed a second explanation, and who hummed while he worked as if the mill were a conversation. He loved a late-summer tomato, a clean map of the rack, and the particular quiet after the last bag. He died in Cedar Rapids, in the heat he had always preferred to a clean cold. The rollers still turn. Someone else will count the racks.

Services

A gathering in Cedar Rapids in the evening. A gift to a night-shift meal fund or a school breakfast program suits him.

NN-OBIT-2026-C136

<https://noticenearby.com/obituaries/arvid-nels-holmgren-obituary-cedar-rapids-ia>

On-chain proof: <https://noticenearby.com/obituaries/arvid-nels-holmgren-obituary-cedar-rapids-ia/proof>

View on blockchain: <https://basescan.org/tx/0xd40b68d362abd6304d2ad6205615ae9dba05044bbeabfcaa34fbe18ac4a93aca>

Base stores the content hash, publication number, memorial id, and timestamp - not the full obituary text. The complete memorial remains on Notice Nearby. This is not a legal affidavit.

This page is a memorial, not a legal affidavit.