



Elena Sofia Narvaez

June 5, 1939 - August 15, 2026

Frederick, Maryland

Elena Sofia Narvaez died in Frederick on August 15, 2026. She was 87. Born in Frederick on June 5, 1939, with Puerto Rican roots that shaped the table more than the flag. She learned early that a day is something you finish, not something you wait for.

She made change for badges and briefcases with equal courtesy. A drawer balanced by feel meant the day was honest. Colleagues still mention a change drawer she balanced by feel.

She married Luis in 1962. They kept a house that stayed modest when the neighborhood did not. They raised a daughter through public schools and ordinary weather. After Luis died in 2019, she kept the routines that still made sense: the walk, the garden, the Sunday call.

Neighbors remember a porch light left on for anyone walking home late. She liked early mornings before the heat or the noise. She died in Frederick, among streets she never needed to explain. The key is still under the same brick.

Services

A memorial gathering in Frederick with coffee afterward. In lieu of flowers, a gift to a local workers' fund, clinic, or neighborhood library is welcome.

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