



Ingrid Mae Helsing

September 28, 1945 - September 5, 2026

Fort Wayne, Indiana

Ingrid Mae Helsing died in Fort Wayne on September 5, 2026. She was 80. Born on September 28, 1945, with Swedish-American roots that shaped the table more than the flag. She learned early that a day is something you finish, not something you wait for.

She routed fear and good news through a headset that became part of her posture. Families called her when they did not know who else to ask. Colleagues still mention a headset she wore like a second hairdo.

She married Erik in 1967. They kept a house that stayed modest when the neighborhood did not. They raised a daughter through public schools and ordinary weather. After Erik died in 2019, she kept the routines that still made sense: the walk, the garden, the Sunday call.

Neighbors remember someone who swept the sidewalk past the property line when weather had been unfair. She liked early mornings before the heat or the noise. She died in Fort Wayne, among streets she never needed to explain. The chair by the window still holds the shape of a habit.

Services

A memorial gathering in Fort Wayne with coffee afterward. In lieu of flowers, a gift to a local workers' fund, clinic, or neighborhood library is welcome.

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