



Maria Teresa Inglesias

December 22, 1956 - August 5, 2026

Norman, Oklahoma

Maria Teresa Inglesias died in Norman on August 5, 2026. She was 69. Born on December 22, 1956, with Mexican-American roots that shaped the table more than the flag. She learned early that a day is something you finish, not something you wait for.

She taught injections and bedside manners in the same breath. Students kept her laminated dosage card as a relic. Colleagues still mention a laminated dosage card she never threw away.

She married Jose in 1981. They kept a house that stayed modest when the neighborhood did not. They raised two daughters through public schools and ordinary weather. After Jose died in 2019, she kept the routines that still made sense: the walk, the garden, the Sunday call.

Neighbors remember a wave from the driveway that meant you were seen. She liked early mornings before the heat or the noise. She died in Norman, among streets she never needed to explain. The garden will come up next spring without being told.

Services

A memorial gathering in Norman with coffee afterward. In lieu of flowers, a gift to a local workers' fund, clinic, or neighborhood library is welcome.

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