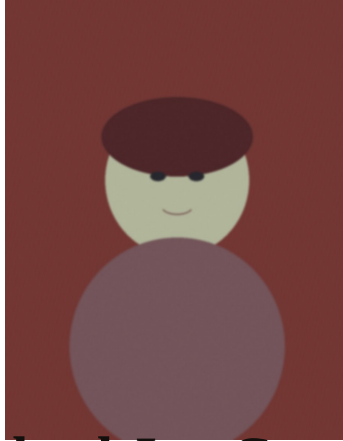




Mildred Joy Cruzado

January 11, 1928 - October 30, 2025

Montgomery, Alabama

Mildred Joy Cruzado, 97, of Montgomery, died on October 30, 2025. Born in Montgomery on January 11, 1928, into a Barbadian-American household that treated work as a language. She learned early that a day is something you finish, not something you wait for.

She ran mail that kept offices from inventing delay theater. A mail runner satchel mended meant the station would not guess. Colleagues still mention a mail runner satchel mended.

In 1951 she married Clarence. The marriage was not a speech; it was groceries, repairs, and three daughters walked to school in weather that did not care. When Clarence died in 2018, she kept what still worked: the early walk, the small garden, the call on Sundays.

Neighbors remember someone who knew every child's name on the block. Mornings were her favorite shift at home. She died in Montgomery, on streets that already knew her pace. The calendar still has a circle on payday.

What remains is not a legend but a practice: showing up, keeping a promise, leaving a place better than you found it. Her life was the kind America is built from and too often forgets to name.

Services

Services in Montgomery will be simple: stories, coffee, and the names of people who showed up. Flowers optional; support for a local clinic or trade scholarship preferred.

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<https://noticenearby.com/obituaries/mildred-joy-cruzado-obituary-montgomery-al>

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