



Therese Anne Seward

February 19, 1940 - September 5, 2026

Burlington, Vermont

Therese Anne Seward died in Burlington on September 5, 2026. She was 86. Born in Burlington on February 19, 1940, into a Franco-American household that treated work as a language. She learned early that a day is something you finish, not something you wait for.

She planned menus that had to heal and satisfy. Sunday circled on a clipboard meant family trays; she never let a tray go out cold. Colleagues still mention a menu clipboard with Sunday circled.

She married Pierre in 1966. They kept a house that stayed modest when the neighborhood did not. They raised a son and a daughter through public schools and ordinary weather. After Pierre died in 2019, she kept the routines that still made sense: the walk, the garden, the Sunday call.

Neighbors remember coffee offered before questions. She liked early mornings before the heat or the noise. She died in Burlington, among streets she never needed to explain. The radio is still tuned to the station that played while work got done.

Services

A memorial gathering in Burlington with coffee afterward. In lieu of flowers, a gift to a local workers' fund, clinic, or neighborhood library is welcome.

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